

BREAKFAST

✓ OATMEAL 18

Adagio Acres steel cut oats served with organic brown sugar and fresh berries

🌱 FGH GRANOLA 18

with Greek yogurt and fresh berries

🌱 BUTTERMILK HOUSE-MADE PANCAKES 24

three buttermilk pancakes with fresh berries, Chantilly cream and maple syrup

🌱 STUFFED BRIOCHE FRENCH TOAST 25

with pecan maple butter and balsamic-roasted strawberries

🌱 AVOCADO TOAST 22.5

fresh avocado, tomato, radish, fresh ricotta, and Maldon Sea salt on house-made sourdough bread

with poached Nature's Farm™ Smart Egg™ 25.5

FGH BREAKFAST 24.5

two Nature's Farm™ Smart Eggs™ prepared your way, served with shredded breakfast potatoes, your choice of peameal bacon, strip bacon or pork sausage, and house-made sourdough toast with preserves

🌱 MADE-TO-ORDER THREE EGG OMELETTE 28

served with shredded breakfast potatoes and house-made sourdough toast with preserves

choice of three:

cheddar | Gruyère | plant-based provolone or mozzarella
smoked salmon | black forest ham | strip bacon
asparagus | mushroom | tomato | onion | spinach

FORT GARRY STYLE EGGS BENEDICT

two poached Nature's Farm™ Smart Eggs™ with scratch-made hollandaise on a house-made English muffin and shredded breakfast potatoes

Classic 25

with peameal bacon

🌱 Florentine 25

with creamed spinach

Canadian 27

with smoked salmon

PETIT MENU

MINI FGH BREAKFAST one Nature's Farm™ Smart Egg™ with strip bacon, crispy breakfast potatoes, and house-made sourdough toast with preserves 18.5

🌱 **MINI BUTTERMILK HOUSE-MADE PANCAKES** two pancakes with fresh berries and maple syrup 18.5

🌱 **MINI FGH GRANOLA** with Greek yogurt and fresh berries 15.5

SIDES 7

🌱 ✓ **HOUSE-MADE SOURDOUGH**
or **GLUTEN-FREE TOAST** with preserves

PORK SAUSAGE

PEAMEAL BACON

🌱 **STRIP BACON**

🌱 **SMOKED SALMON**

🌱 **SHREDDED BREAKFAST POTATOES**

🌱 **CREAMED SPINACH**

BEVERAGES

FRESH BREWED COFFEE 6
regular | decaf

FRENCH PRESS 8

SHEEPDOG COLD BREW 6
traditional | Ethiopian

FRESH STEEPED TEA 5
regular | decaf

FRESHLY SQUEEZED ORANGE JUICE 8

WOLSELEY KOMBUCHA 6
Cranberry Rose Chai | Peach Oolong